

Pflege

Stützpunkt

Rheinland-Pfalz

**Counselling & help
on the subject of
care needs**



Care needs – what to do next?

The need for care can occur completely unexpectedly and suddenly, or over time.

Many questions then arise for those affected and their relatives:

- How much help do I really need?
- What help is available?
- What type of housing is right for me?
- What needs to be organised so that I can live at home for as long as possible?
- What costs will I incur?
- What services are available for people with dementia?
- What are the options for prevention and rehabilitation?
- What rights and obligations do I have?



**Any further questions?
We would be happy to help you!**

Who do we advise?



We can advise anyone with questions about care, including:

- help in old age;
- children, young people and adults in need of care; and
- relatives, friends and acquaintances.



Call us, or visit us during office hours at the Pflegestützpunkt near you!

The advice is given in German, the official language.

How can we help?

We will advise you, among other things, on:

- how to organise care at home;
- how to organise outpatient assistance, such as meals-on-wheels, home emergency calls, or transport services;
- how to adapt your home to make it suitable for nursing care or senior citizens;
- how to select the right care for people living with dementia;
- how to select a suitable inpatient care facility, and assist you in dealing with the authorities; and
- how to navigate the application process and financing options,

and much more!



Who are we?

Pflegestützpunkte (care support centres) in Rheinland-Pfalz:

- are an impartial, free-of-charge counselling service;
- provide confidential, personalised advice with the help of qualified staff, including home visits, if required;
- ensure competent, consistent advice;
- help organise voluntary or other forms of support;
- coordinate care options as needed;
- are oriented towards the wishes and needs of those affected; and
- are jointly financed by the health and long-term care insurance funds, the state of Rheinland-Pfalz, the districts and independent cities. They cooperate with the providers of counselling and coordination services.

You can find contact details for the Pflegestützpunkt in your area at:

www.pflegestuuetzpunkte-rlp.de



Scan the QR code to go directly to the website.

Legal notice

Your notes

Publisher



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